

The Beat Goes On... Management Of Individuals with Heart Impairments

Friday, April 2, 2010

REGISTRATION FORM

Space is limited. Pre-registration is required. Continental breakfast and lunch included.

Registration Deadline: **MARCH 26, 2010**

- SINGLE REGISTRATION FEE: \$225**
- EARLY REGISTRATION FEE** (Received by March 24, 2010) : **\$210**
- MULTIPLE REGISTRATION FEE: \$200** per person
(3 or more from one facility)

REGISTRATION INFORMATION ONLINE: www.Marianjoy.org

MAIL REGISTRATION: Mail completed form with check to:

Marianjoy Rehabilitation Hospital
26W171 Roosevelt Road
Wheaton, IL 60187
Attn: Gwen Sanford, Administration



CHECK ENCLOSED PAYABLE TO "Marianjoy Rehabilitation Hospital"

PLEASE CHARGE MY CREDIT CARD VISA MASTERCARD

Account Number _____

Exp. Date _____

Name on Card _____

Signature _____

FAX REGISTRATION: (630) 909-7101

REGISTRATION QUESTIONS? Phone (630) 909-7504

Name _____

Organization _____

Address _____

City/State/ZIP _____

Phone _____

E-Mail _____

Require Special Accommodations (Please Specify):

NOTE: Due to fluctuations in room temperature, please bring a sweater or light jacket.

 **MARIANJOY**
Wheaton Franciscan Healthcare
26W171 Roosevelt Road
Wheaton, Illinois 60187



MARIANJOY PROFESSIONAL EDUCATION SERIES

The Beat Goes On...
Management Of Individuals with
Heart Impairments

Friday, April 2, 2010
8:00 A.M. – 5:00 P.M.

OT: 7 CEUs
PT: 7 CEUs
RN: 7.25 CEUs

Sponsored by:



MARIANJOY
Wheaton Franciscan Healthcare

Marianjoy Rehabilitation Hospital
26W171 Roosevelt Road
Wheaton, Illinois 60187

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- 8:00 A.M. REGISTRATION (Continental Breakfast)
- 8:15 A.M. WELCOME / INTRODUCTION AND COURSE LOGISTICS
- 8:30 A.M. Overview of Course
- 8:45 A.M. Clinical Review of Cardiovascular and Pulmonary System: The Oxygen Transport System
- 10:00 A.M. BREAK
- 10:15 A.M. Examination and Evaluation of the Cardiovascular and Pulmonary System
- 11:30 P.M. Lab CV and P: Bring stethoscopes, wear loose fitting clothes to allow access for auscultation
- 12:00 P.M. LUNCH (Box Lunch Provided)
- 12:45 P.M. Normal and Abnormal Response to Exercise, Monitoring CV Response to Activity
- 2:15 P.M. Symptom Limited Exercise Tests Easily Utilized in a Clinical Setting
- 2:45 P.M. BREAK
- 3:00 P.M. Role of Deconditioning and Aging: Activity and Exercise Progression
- 4:00 P.M. Strategies for Implementation: Now what would you do?
- 5:00 P.M. COURSE CONCLUSION & EVALUATION

Presenter:

Donna Frownfelter PT, DPT, MA, CCS, RRT, FCCP, is an Assistant Professor at Rosalind Franklin University of Medicine and Science. She has practiced extensively in the area of Cardiovascular and Pulmonary Physical Therapy and is a Certified Cardiovascular and Pulmonary PT (CCS). She has published several books and articles on cardiovascular physical therapy, her most recent book, co-edited with Canadian Physiotherapist, Elizabeth Dean Ph.D., PT, titled "Cardiovascular and Pulmonary Physical Therapy: Evidence and Practice". She has served as a Board Member of the American Lung Association of Metropolitan Chicago (ALAMC) and in 2005 she was elected a Fellow of the American College of Chest Physicians (FCCP), the first physical therapist to receive this honor. Her current interests include helping people with chronic diseases to reach optimal health and learn to self manage their condition and life.



MARIANJOY PROFESSIONAL EDUCATION SERIES

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MARIANJOY CONFERENCE CENTER

OUTPATIENT PAVILION **MARIANJOY REHABILITATION HOSPITAL**

Course Description

The course will be applicable for any clinical setting from acute care to rehab, outpatient or home care. With shorter length of stays and patients more medically involved, both therapists and nurses in the various practice settings must be aware of acute comorbidities, precautions and contraindications and how to use this information in making quick decisions for the patient's safety and fulfillment in their functional potential. A general overview will be provided of what is considered normal and abnormal cardiopulmonary function in response to various activities (i.e. dressing, eating, walking) and exercise. We will discuss the basic elements of an examination, how to relate the results obtained from the assessment to the development and/or progression of activities and exercise programs and what medical issues impact the patient's prognosis and outcomes based on the impairment. This course includes both lecture and case discussion focused on patient cases to highlight the prescription and progression for both healthy and deconditioned clients. Clinical monitoring and parameters for safe exercise and activity level given a cardiac impairment will be discussed.

Course Objectives:

1. Describe normal and abnormal cardiopulmonary function and response to exercise.
2. Perform an appropriate basic examination of the cardiovascular and pulmonary system.
3. Relate the examination/assessment to development of appropriate activity interventions.
4. Identify parameters for monitoring and relate interpretation of results to modifications of the activity/intervention.
5. Using a case study, discuss the cardiopulmonary concerns and considerations that will be needed for the patient to reach their full potential safely.

**SAVE
THE
DATE**

April 14 - 16, 2010
Comprehensive Review of
Rehabilitation Nursing

Intended Audience

OT, OTA, PT, PTA, RN

Continuing Education Units

OT: This course has been submitted for approval to award 7 continuing education hours for occupational therapy practitioners by the Illinois Occupational Therapy Association.

PT: This course is offered for 7 continuing education contact hours. The Illinois Department of Financial and Professional Regulation, Division of Professional Regulation has certified that Marianjoy Rehabilitation Hospital has complied with the provisions of the Illinois statutes and/or rules and regulations and is hereby authorized to sponsor the above named course as a Continuing Education offering.

RN: 7.25 hours. This activity has been submitted to Illinois Nurses Association Approver Unit for approval to award contact hours. Illinois Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation".

As required by the American Nurses Credentialing Center's Accreditation Program, we would like to make you aware of all potential conflicts of interest(s). This educational activity's planners and the presenter(s) have indicated they have no bias or conflict of interest.

Cancellation/Refund Policy

A tuition refund less \$30.00 administrative fee is available if your cancellation request is received in writing within 7 days before the program date. No refunds will be granted after that date. In the unlikely event that Marianjoy must cancel an educational event for any reason, you will receive a full refund of your paid event tuition. Marianjoy does not assume responsibility for any other expenses incurred by the registrant.

**Visit www.Marianjoy.org for
additional information**