

PRE-ADMISSION

Evaluation by Pain Rehabilitation Physician and Psychologist



touched by **Marianjoy**

Your Comprehensive Pain Management Program Journey Along the Rehabilitation Road to to Discharge



ADMISSION & WELCOME

Receive your personalized Patient Education Notebook.

ASSESSMENTS

Initial Marianjoy Pain Functional Assessment Tool (MPFAT) and questionnaires.

EVALUATION & GOAL SETTING

Meet your Pain Rehabilitation Physician, Psychologist and Physical Therapist to set your goals for discharge. Write goals for program.

PHYSICIAN ROUNDS

Pain Rehabilitation Physician will conduct rounds each week.

EDUCATION

Concepts of acute/chronic pain, sleep, posture, body mechanics, pain management tools, and individualized exercise plan.

ONGOING PSYCHOLOGY AND PHYSICAL THERAPY

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REVIEW HOME MANAGEMENT PLAN

Review your home exercise program and equipment needs.

LONG WEEKEND TO PRACTICE WHAT YOU HAVE LEARNED

FAMILY EDUCATION VISITS

THREE STAFFINGS

Your rehabilitation physician, nurse, psychologist, therapists and case manager meet to discuss your progress and plans for discharge.

FLARE-UP DRILLS

Problem solving for real life.

ONGOING PSYCHOLOGY AND PHYSICAL THERAPY

PROGRESS UPDATES

Final status questionnaires, final functional testing (MPFAT).

DISCHARGE FROM PROGRAM



WE ARE HERE TO ASSIST YOU.

Call us at **630-909-6500** if you need additional help or if you have any questions.

FOLLOW-UP

One month follow-up with Pain Physician.



YOUR JOURNEY CONTINUES

MARIANJOY
Your Partner for a Lifetime of Healing

- SPECIALTY SERVICES
- PHYSICIAN CLINICS
- SUPPORT GROUPS
- THERAPY SCHEDULING

Goal 1: _____

Goal 2: _____

Goal 3: _____



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REHABILITATION PHYSICIAN: _____

NURSE: _____

PHYSICAL THERAPIST: _____

PSYCHOLOGIST: _____

BIOFEEDBACK: _____

OTHER: _____

THERAPY SCHEDULING: 630-909-6570

NURSE: 630-909-6510

PHYSICIAN SCHEDULING: 630-909-6500

**MARIANJOY PROGRAMS AT
OAKBROOK TERRACE**

The Marianjoy Comprehensive Pain Management Programs are designed for adults who have pain that has persisted beyond the expected duration. Through a multi-disciplinary approach, individuals will learn to maximize their function and coping with pain while leading productive and satisfying lives. These 21-Day Outpatient Programs are designed to increase daily function, improve quality of life, and teach the use of life-long pain management skills.

Pain Programs include:

- The Full-Day Comprehensive Pain Management Program is an intensive program focusing on the management of chronic pain to restore function and mobility.
- The Half-Day Morning Solutions Program is a less intensive pain management program for individuals who can not tolerate the Full-Day Comprehensive Pain Management Program or individuals who do not require all of the services offered in the full day program.



MARIANJOY
AT OAKBROOK TERRACE
Wheaton Franciscan Healthcare

Marianjoy at Oakbrook Terrace Outpatient
17W682 Butterfield Road
Oakbrook Terrace, Illinois 60181
630-909-6500
www.PainTreatmentProgram.com

When It Comes to Your
**Outpatient
Physical Rehabilitation**
Insist on Marianjoy

As a leader in the field of rehabilitation, Marianjoy's outpatient therapy offers a treatment program designed with your specific needs in mind.

From the simple to the most complex cases, Marianjoy provides:

- One-on-one individualized therapy sessions
- Licensed physical, occupational, and speech-language therapists who are nationally recognized for their leadership in their respective fields
- Specialized treatment programs to address sports injuries, concussions, pain management, orthopedics, and joint replacement
- Comprehensive therapy programs for stroke, brain injury, spinal cord injury, neuromuscular disorders, and pediatric rehabilitation
- Access to board-certified Marianjoy physicians, specialists in physical medicine and rehabilitation, who can provide you with ongoing medical care and treatment

**To schedule an appointment for
Marianjoy's Outpatient Services, please call
630-909-6500 or
visit InsistOnMarianjoy.org.**



MARIANJOY
Wheaton Franciscan Healthcare

www.Marianjoy.org • 1-800-462-2366

INPATIENT • OUTPATIENT • SUBACUTE • PHYSICIAN CLINICS

Wheaton • Downers Grove
Oakbrook Terrace • Palos Heights

