



MARIANJOY PROFESSIONAL  
LEARNING INSTITUTE

# Wheelchair Seating and Positioning for Fit and Function

September 24 -25, 2016



Marianjoy  
Rehabilitation Hospital

part of  
**M** Northwestern  
Medicine®



**MARIANJOY  
PROFESSIONAL  
LEARNING  
INSTITUTE**

## **Wheelchair Seating and Positioning for Fit and Function**

**Saturday – Sunday  
September 24 – 25, 2016**

**Sponsored by:**

**Marianjoy Rehabilitation Hospital  
26W171 Roosevelt Road  
Wheaton, IL 60187  
[www.Marianjoy.org/MPLI](http://www.Marianjoy.org/MPLI)**

**Marianjoy  
Rehabilitation Hospital**

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**M** **Northwestern**  
Medicine

## **Wheelchair Seating and Positioning for Fit and Function**

**Intended Audience:** PT, PTA, OT, OTA, ATP

**Basic-Intermediate Level**

**Contact Hours:** 13.5 hours

**Presenter:** Kathrina Prostka, PT, ATP; Julie Piriano, PT, ATP/SMS; Dylan Nance, ATP; Anne Hegberg, MS, OTR/L, CDRS, CDI

### **Course Description**

This course is designed for any clinician facing seating and positioning challenges in the clinic for clients across the lifespan. The number of seating choices coupled with the unique needs of each patient can make the selection of a proper wheelchair intimidating and overwhelming. Limited funding and financial resources can further complicate the decision. The right seating and positioning system is critical to allowing our client's to function in all environments as safely and independently as possible. Through discussion, clinical application, and hands on learning opportunities, clinicians will learn how to de-mystify the process of fitting and prescribing the right wheelchair for their clients. Participants will examine the clinical benefits of manual and power wheelchairs, discuss wheelchair seating and positioning considerations, and apply practical tools to incorporate into the evaluation. Coverage criteria outlined in the National Coverage Determination for Mobility Assistive Equipment, documentation requirements, and passenger and driver considerations will also be highlighted. Your active involvement is required in order to complete the course and to ensure a dynamic learning experience.

### **Course Objectives**

Upon completion of the course, participants will be able to:

1. Relate the sequence for postural evaluation during the clinical decision making process for the recommendation of seating, positioning and wheelchair components.
2. Discuss and demonstrate the biomechanical impact of pelvic position on the lower extremities, trunk, head/neck and upper extremities.
3. List 3 considerations that are essential for selecting a wheelchair seat cushion.
4. Explain the wheelchair skills necessary for home and community mobility in a manual wheelchair.
5. Apply low cost positioning and seating "tricks" through lab based interactive experiences.
6. Name 4 considerations involved in the selection of a power mobility device.
7. List 10 wheelchair skills to consider for power wheelchair independent mobility.
8. Summarize funding and financial resources available to clients related to seating and positioning needs.
9. Document and write goals to support the evaluation and treatment of a client's seating, positioning, and wheeled mobility needs for third-party payers.
10. Identify driver or passenger considerations of seating and positioning systems.



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**Course Agenda**

**Day 1: Saturday, September 24, 2016**

7:30 a.m.	Registration & Continental Breakfast	12:30 p.m.	Positioning for Posture: Lost Cost Positioning Tips and Tricks
8:00 a.m.	Wheelchair Seating and Positioning Considerations	1:30 p.m.	Teaching Manual Wheelchair Skills and Safety
9:00 a.m.	Evaluating for the Right Fit and Function	2:30 p.m.	Break
10:00 a.m.	Break	2:45 p.m.	Manual Wheelchair Skills and Safety with Lab (continued)
10:15 a.m.	Recommending the Right Manual Wheelchair	3:45 p.m.	Case Studies and Application
12:00 p.m.	Lunch (provided)	4:30 p.m.	Adjourn

**Day 2: Sunday, September 25, 2016**

7:30 a.m.	Registration & Continental Breakfast	12:45 p.m.	Passenger or Driver-Community Mobility Considerations
8:00 a.m.	Power Mobility Device Overview and Considerations	1:45 p.m.	Putting It All Together
10:00 a.m.	Break	2:45 p.m.	Adjourn
10:15 a.m.	Power Wheelchair Skills and Lab		
11:15 a.m.	Funding, Documentation and Goal Writing for Success		
12:15 p.m.	Lunch (provided)		

**Presenters**

**Kathrina K. Prostka, PT, ATP** is a Physical Therapist working in the Wheelchair and Positioning Center at Marianjoy Rehabilitation Hospital. Her primary responsibilities include evaluation/assessment of mobility and positioning needs, recommendation of appropriate equipment solutions, documentation of need for third-party payers, and instruction/education for clients and their care partners to maximize use of the selected equipment. Kathrina graduated from Northwestern University in 2007 with her Doctorate in Physical Therapy and has been employed at Marianjoy in a variety of clinical settings since. She has presented numerous in-services and educational events for staff and international audiences and participated in the development of quality improvement projects.

**Dylan Nance, ATP- Great Lakes Regional Sales Manager, Quantum Rehab.** Dylan Nance graduated from the University of Louisiana in 1994. He has worked as an ATP for Columbia HCA, Home Care Supply and Praxair. In the role of ATP he was responsible for evaluating and providing end users with complex rehab and custom seating and positioning products. Dylan joined Pride Mobility in 2006 as an RPS where he worked in the Chicago and Northern Illinois area. In his role as RPS, Dylan supported a network of Pride dealers. He was responsible for Educating ATP's and clinicians on new products and advancements. Dylan became the Regional Sales manager in 2013. He is responsible for 5 states and a staff of 6 RPS's. Dylan has been an ATP and RESNA member since 1998.



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### Presenters

**Julie Piriano, PT, ATP/SMS. Director, Rehab Industry Affairs, Pride Mobility Products Corp.** Julie Piriano graduated with Honors from The University of Illinois in 1984 with a B.S. in Physical Therapy. She worked at Marianjoy Rehabilitation Hospital in Wheaton, IL for 10 years and began their seating clinic in 1986. She then worked for a manufacturer of pediatric positioning products where she was responsible for the design, development, marketing and sales of the product line. Julie joined the Rehab division of a large, national DME provider from 2003-2008 where she was primarily responsible for managing their Medicare operations and compliance. She is currently working for Pride Mobility Products Corporation as the Director of Rehab Industry Affairs. Julie has been a member of RESNA for over 20 years where she currently serves on the Board of Directors. She served on the Professional Standards Board from 2007 – 2014 and is an active participant in the Wheeled Mobility and Seating SIG and the PT PSG. She is a Friend of NRRTS, a member of the AAHomecare Complex Rehab and Mobility Council, serves on the NCART Medicaid Committee and the Mobility Management Editorial Board. She also serves on the Board of Directors for the Great Lakes Home Medical Services Association, is an active member of the Rehab committee for several state associations, and serves on the DME MAC Advisory Councils. Julie is a highly proactive industry resource on legislative and regulatory issues that impact the complex rehab industry and is actively involved with the coverage, coding and standards work groups as part of the Complex Rehab Separate Benefit Initiative.

**Anne Hegberg, MS, OTR/L, CDRS, CDI** is an Occupational Therapist, a Certified Driver Rehabilitation Specialist (CDRS) and IL certified driving instructor (CDI). She has specialized in driver rehabilitation at Marianjoy Rehabilitation Hospital for over 25 years. Anne specializes in working with clients who are wheelchair dependent requiring high tech equipment as well as those with low vision. Anne is active professionally in the organizations of AOTA, NMEDA (National Mobility Equipment Dealers Association) and ADED (Association for Driver Rehabilitation Specialists). She authored the chapter on adaptive equipment for the AOTA: Self-Paced Clinical Course and Book: Driving and Community Mobility: OT Strategies Across the Lifespan. Anne has presented locally, nationally and internationally on all aspects of Driver Rehabilitation.

### Contact Hours

#### Illinois Department of Financial and Professional Regulation (IDFPR): Physical Therapists

This course has been approved for 13.5 continuing education hours for physical therapy practitioners. The Illinois Department of Financial and Professional Regulation, Division of Professional Regulation has certified Marianjoy Rehabilitation Hospital has complied with the provisions of the Illinois statutes and/or rules and regulations and is hereby authorized to sponsor the above named course as a Continuing Education offering.



#### American Occupational Therapy Association (AOTA)

Marianjoy Rehabilitation Hospital is an approved provider for the American Occupational Therapy Association to offer continuing education in occupational therapy. This Basic-Intermediate level program awards occupational therapists 1.35 AOTA CEUs or 13.5 contact hours. Assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

**This course has been submitted for RESNA contact hours.**



## REGISTRATION INSTRUCTIONS



### ONLINE

www.Marianjoy.org/MPLI



### MAIL

Mail entire completed form and payment to:  
Marianjoy Rehabilitation Hospital  
Attention: Jaime Gorska  
26W171 Roosevelt Road  
Wheaton, IL 60187



### FAX

Fax completed form and payment to 630-909-6923



### QUESTIONS

Contact Jaime Gorska at education@marianjoy.org or at 630-909-6923

**SEPTEMBER 24-25, 2016**

**Wheelchair Seating and Positioning for Fit and Function** Registration Deadline: 9-9-16

#### PARTICIPANT INFORMATION:

Name \_\_\_\_\_

Organization \_\_\_\_\_

Billing Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Check here to receive email updates on future classes.

#### DISCIPLINE:

OT  OTA  PT  PTA  Nurse  SLP  School Couns.  Other \_\_\_\_\_

Social Worker: license # \_\_\_\_\_

Require Special Accommodations (Please Specify):

\_\_\_\_\_  
\_\_\_\_\_

#### PAYMENT METHOD:

Single Registration Fee: \$350  Marianjoy MSS/Registry Employee Fee: \$175  Northwestern Healthcare Employee Fee: \$262.50

CHECK made payable to "Marianjoy Rehabilitation Hospital"  VISA  MASTERCARD  AMEX  DISCOVER

Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV# \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

#### Cancellation/Refund Policy

A tuition refund less \$50.00 administrative fee is available if your cancellation request is received in writing within 7 days prior to the program date. No refunds will be granted after that date. In the unlikely event that Marianjoy must cancel an educational event for any reason, you will receive a full refund of your paid tuition. Marianjoy does not assume responsibility for any other expenses incurred by the registrant.

**PHOTO CONSENT:** Please note that photos will be taken during these classes and may be used in marketing materials.