Therapeutic Touch: A Healing Modality

Intended Audience: Nurses, Chaplains
Other disciplines are welcome to attend, however CE credit will not be granted to physical therapists, occupational therapists, speech language pathologists, or social workers.

Basic Level Contact Hours: 12 hours

Presenters: Marilyn Johnston-Svoboda, RN, EdD, QTTP, QTTT and Donna Pilkington, RN, CRRN, MSML, QTTP

Course Description
Therapeutic Touch (TT) promotes a sense of balance, peacefulness and relaxation, along with decreased pain and anxiety. Additionally, for the practitioner, TT helps to create a sense of peace and centeredness during stressful times. It enriches one's life both professionally and personally. This course establishes a foundational knowledge base for the beginning of your TT practice. For those who continue on for the credential of QTTP (Qualified Therapeutic Touch Practitioner awarded by the Therapeutic Touch International Association), this is the first of the two required courses. Contact hours will be available for nurses who have not previously taken this course.

Course Objectives
1. Define the term complementary modality.
2. List four complementary/integrative healing modalities.
3. Define Therapeutic Touch (TT) and explain its basic concepts.
4. Describe the process of imagery.
5. Describe the benefits to the practitioner and recipient of TT.
6. Describe the use of compassion when giving a TT treatment.
7. List the potential uses for TT.
8. Identify the steps of TT, assessment, intervention and re-assessment.
9. Identify ways that TT can be incorporated into your practice.
10. Identify current legal considerations associated with the practice of TT.
11. Demonstrate the 3 basic techniques of TT.
12. Synthesize the information in a way that allows participants to explain it.

Course Agenda

DAY ONE Friday, May 15, 2015

4:30 p.m. Registration and Light Meal Provided
5:00 p.m. Introduction to TT & the Art of Centering
6:00 p.m. Group Meditation/Centering
6:30 p.m. TT Part I: Benefits of the Integrative/Complementary Healing Modalities; Becoming a TT Practitioner; Defining Therapeutic Touch; Compassion-The Heart of TT
7:30 p.m. Break
7:45 p.m. Part I Continued: History; Effects of TT; Phases/Steps of TT
8:30 p.m. TT Demonstration & Assignment of Homework
9:15 p.m. Adjourn
DAY TWO  Saturday, May 16, 2015

7:30 a.m.  Registration & Continental Breakfast
8:00 a.m.  Group Meditation/Centering
8:30 a.m.  TT Part II: Basic Concepts; Assumptions; Theories; Principles; Rules & Regs; Criteria for the TT practitioner
10:00 a.m. Break
10:15 a.m. The Importance of Research-Report from Students
11:00 a.m. TT Documentation
12:00 p.m. Lunch (provided)—A Working Lunch, Processing the Research
12:45 p.m.  Group Meditation/Centering
1:15 p.m.  TT Demonstration-Break Out Groups
2:30 p.m.  Documenting Your Findings—Learning Together (TT film)
2:45 p.m.  Break
3:00 p.m.  Becoming a Credentialed QTTP (Qualified Therapeutic Touch Practitioner)
3:30 p.m.  Heart-Hand Closing
5:00 p.m.  Adjourn

Presenters

Marilyn Johnston-Svoboda, RN, EdD, QTTP, QTTT
Marilyn Johnston-Svoboda is a retired professor of nursing. For more than 10 years, she was taught TT by Dora Kunz, who created TT along with Dr Delores Krieger. She attended numerous workshops with both Kunz and Krieger, and has been practicing, mentoring, and teaching TT for over 30 years. She is a current member of Therapeutic Touch International Association, the official organization of TT, and is currently the Education Trustee of that organization.

Donna Pilkington, RN, CRRN, MSML, QTTP
Donna Pilkington has used Therapeutic Touch in her nursing practice as a Certified Rehabilitation Registered Nurse. She has previously taught this content in conjunction with Marilyn Johnston-Svoboda at many other presentations and workshops about Therapeutic Touch. Ms. Pilkington has experience in presenting to professional audiences from different disciplines and has lectured at the local and national level.

Contact Hours

Ohio Nurses Association (ONA)
This program will award 12.0 contact hours. Marianjoy Rehabilitation Hospital- Professional Practice Committee, (OH-387, 10/1/16) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Attendance at the entire program and a completed evaluation form are required in order to be awarded continuing education credit.

This educational activity's planners and the presenter(s) have indicated they have no bias or conflict of interest. Marianjoy Rehabilitation Hospital has not received any commercial support for this program.

Cancellation/Refund Policy

A tuition refund less $50.00 administrative fee is available if your cancellation request is received in writing within 7 days prior to the program date. No refunds will be granted after that date. In the unlikely event that Marianjoy must cancel an educational event for any reason, you will receive a full refund of your paid tuition. Marianjoy does not assume responsibility for any other expenses incurred by the registrant.
REGISTRATION INSTRUCTIONS

1. Select the course(s) you are registering for from the menu below.
Please Note: If registering for a group rate, please complete a registration form for each participant.
All registration forms must be included with payment.

2. Complete participant and payment information and return this entire form.

PARTICIPANT INFORMATION:

Name___________________________________________
Organization___________________________________________
Billing Address___________________________________________
City/State/ZIP___________________________________________
Phone___________________________________________
E-Mail___________________________________________

☐ Check here to receive email updates on future classes.

DISCIPLINE:
☐ OT  ☐ OTA  ☐ PT  ☐ PTA  ☐ Nurse  ☐ SLP
☐ School Couns.  ☐ Other___________________________________________
☐ Social Worker: license #___________________________________________

Registration Questions? Call 630-909-6923

RETURN METHOD:

MAIL: Mail entire completed form to:
Marianjoy Rehabilitation Hospital
Attn: Jaime Gorska
26W171 Roosevelt Road • Wheaton, IL 60187

EMAIL: Email completed form to education@marianjoy.org

FAX: Fax completed form with payment information to 630-909-6960

PHONE: 630-909-6923

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NOTE: Due to fluctuations in room temperature, please bring a sweater or light jacket.

MARCH 11-13, 2015
Preparing for the CRRN Exam: You Can Do It!
Registration Deadline: 3-4-15
☐ SINGLE REGISTRATION FEE: $350
☐ GROUP REGISTRATION FEE PER REGISTRANT: $330
(2 or more from one facility)

APRIL 10, 2015
Defensive Documentation: What You Don’t Know May Hurt You
Registration Deadline: 3-27-15
☐ SINGLE REGISTRATION FEE: $179
☐ GROUP REGISTRATION FEE PER REGISTRANT: $159
(2 or more from one facility)

MAY 15-16, 2015
Therapeutic Touch: A Healing Modality
Registration Deadline: 5-1-15
☐ SINGLE REGISTRATION FEE: $125
☐ STUDENT REGISTRATION FEE PER REGISTRANT: $105
(2 or more from one facility)

PHOTO CONSENT: Please note that photos will be taken during these classes and may be used in marketing materials. If you prefer to not have your likeness used in photos, please let a Marianjoy Professional Learning Institute associate know and we will make the appropriate accommodations.