

## **A Place for Exceptional Rehabilitation Care**

Marianjoy Rehabilitation Hospital in Wheaton, Illinois, has been providing physical rehabilitation services for over 30 years. One of our primary goals at Marianjoy is to return our patients to a community setting. We work to achieve this goal by providing medical care, nursing, and therapy aimed at improving each patient's ability to participate in daily activities. Our rehabilitation programs are specifically designed to meet each patient's particular needs, and on weekdays, patients are scheduled for at least three hours of therapy. Over 90% of our patients receive three hours of therapy. This report summarizes the performance of the Marianjoy inpatient rehabilitation program and also describes what our patients think about our services.

## **Admission and Discharge Criteria**

Most patients are referred to Marianjoy by their physicians or discharge planners at the acute care hospital. Patients are admitted to Marianjoy if the following admission criteria are met:

- Patient requires a coordinated program of rehabilitative care provided by a multidisciplinary treatment team.
- Patient requires close medical management with a physician and rehabilitation nurse available 24 hours every day.
- Patient must be able to tolerate intensive therapy (at least 3 hours on weekdays).
- Patient demonstrates potential for significant practical improvement.

Discharge planning begins upon admission. Patients are discharged when:

- They have met the established goals or are **not** making progress towards the goals.
- Close medical management of a doctor or rehabilitation nurse is no longer required 24 hours a day; the patient is more appropriate for a different level of care.
- The patient's condition requires acute care hospitalization.

## **What Our Patients Say About Us**

Marianjoy surveys patients shortly after discharge to learn what they like about our services and how we can improve them. We monitor patient's ratings and comments by using comparisons to a national database (administered by Press Ganey) of 120 rehabilitation centers throughout the country.

Almost 82% of our discharged patients responded "Very Good" (the highest rating) when asked about the likelihood of recommending Marianjoy. Courtesy of Marianjoy nurses, physical, occupational and speech therapists was 90% or higher across these disciplines, which were scores above the national average. At the three month follow-up after discharge, 85% of the patients reported being "very satisfied" or "somewhat satisfied" with their goal achievement.

## Rehabilitation Outcomes

### Inpatient Profile - 2007

	Number of Patients Discharged	Average Age	Average Length of Stay (Days)	Percent Discharged to Home or Community	Percent Discharged to Acute Care	Percent of Patients Able to Care for Themselves 90 Days after Discharge
Stroke	477	68.86	18.80	55.35	14.26	87.69
Brain Injury	327	60.58	15.92	66.67	17.43	90.11
Joint Replacement	516	72.50	10.38	90.43	3.88	98.18
Hip Fracture	247	77.78	13.34	68.82	9.72	98.18
Multiple Trauma with Brain or Spinal Injury	37	47.14	16.76	62.16	24.32	100
Spinal Cord Injury	108	58.15	27.40	64.82	16.67	78.28
Neurologically Impaired	150	62.09	17.51	73.33	14.50	90.83
Medically Complex	115	70.50	14.53	68.70	20.00	93.93
Cardiac	28	72.11	13.14	85.72	10.71	87.50
Amputation, leg	54	57.41	15.57	59.30	18.52	96.43

Data in the above table is from eRehabData for patients discharged 1/1/07-12/31/07 (n = 2345), except for the last column, which shows data from IT Health Track. The follow-up data is based on a random survey of 40% of all patients discharged, 90 days after discharge for patients surveyed during 2007.

## Pediatric Program

Marianjoy also has a pediatric inpatient program that serves children with various disabilities. In 2007, 63 pediatric patients were discharged from Marianjoy. The average age of our pediatric patients is 11.7 years; age range is 1 to 18 years. Outpatient services are also provided by the pediatric rehabilitation team. Fifty-five percent of the patients were attending regular classes at school prior to admission, and they were able to return to their regular classroom. Children in alternative environments, such as special education, were all able to return to the same level after discharge. Most children responding to the pediatric satisfaction survey reported liking their doctors, nurses, and therapists and their stay at Marianjoy, and would recommend the facility to friends and family if asked to recommend.

### Pediatric Patient Profile - 2007

	No. of Patients Discharged	Average Length of Stay (Days)	Percent Discharged to Home
Brain Dysfunction and Stroke	27	21.2	87.4%
Cerebral Palsy	4	40.3	100%
Neurologically Impaired	3	11.0	66.7%
Spinal Dysfunction	5	10.8	100%
Orthopedic and Amputation	5	7.0	100%
Major Multiple Trauma	12	21.3	83.3%

Source: UDSmr, Pediatric Inpatients Discharged 1/1/07-12/31/07