

## Your Partner for a Lifetime of Healing

Marianjoy provides patients a full continuum of care through our network of inpatient, subacute, and outpatient facilities along with physician clinics throughout the greater Chicagoland area. By accessing care through the Marianjoy network, patients progress in their rehabilitation and recovery while achieving their goals and creating a lifestyle of their choosing.

Following discharge, patients can continue to schedule appointments for rehabilitative medical treatments with a Marianjoy Medical Group physiatrist.

Outpatient rehabilitation enhances patients' functional abilities through a comprehensive therapy program that they may participate in several times a week.

We hope that you will consider Marianjoy your partner for a lifetime of healing.



INPATIENT • OUTPATIENT • SUBACUTE • PHYSICIAN CLINICS

26W171 Roosevelt Road • Wheaton, Illinois 60187  
630-909-8000 • [www.Marianjoy.org](http://www.Marianjoy.org)

0909 4K



## Your Stay at Marianjoy

### A Personal Guide



### Welcome to Marianjoy

Marianjoy is an acute medical rehabilitation hospital in Wheaton, Illinois, which specializes in offering patients a rehabilitation program designed specifically for their individual needs. Located on a 60 acre wooded campus, Marianjoy features 120 private patient rooms, unique accessible gardens, labyrinth, chapel, meditation room, and many features designed to enhance our holistic approach to rehabilitation.

In addition to the acute level of care the Wheaton location also offers subacute care and outpatient therapy.

### The Admission Process

Patient admissions are arranged by the discharge facility, hospital, or Marianjoy clinic. A family member or individual with Power of Attorney is encouraged to be present to facilitate the admission process and complete registration paperwork on your behalf if you are unable to do so. If you require a wheelchair, one will be provided for you upon your arrival.

### A Typical Day

When you are admitted to Marianjoy, whether during the week or on a weekend, your therapy will begin with an evaluation, which is considered part of your therapy program. Once your initial evaluation is complete, you will receive therapy every day with the exception of Sunday. You will receive therapy on Saturday but on an abbreviated schedule.

On your therapy days, you will dress, have breakfast and begin your schedule of therapies. During your stay you will work with a rehabilitation team which includes a physiatrist (a physician who specializes in physical medicine and rehabilitation), nursing staff, therapists and a case manager. You may have physical therapy, occupational therapy, and/or speech-language therapy, and possibly other therapies based on your individualized rehabilitation program.



## Room Amenities

Patient rooms have several features designed to enhance the healing experience. Most rooms at Marianjoy are private and have a spacious, wheelchair accessible bathroom. Each room is equipped with a telephone with Illinois calls free of charge, but long distance calls outside of Illinois must be made by using a calling card or calling collect. An armoire is available to store clothes and a safe is located inside the armoire to secure personal items. Each room has access to cable television and wireless WiFi is available throughout the facility.

## Preparing for Discharge

Your rehabilitation journey towards discharge starts on day one. During the first week of your stay at Marianjoy, members of your care team will meet to evaluate your condition and set goals for your return home or to the next level of care. These meetings are referred to as “staffings.” Information from these meetings will be shared with you by your attending physician and case manager who will also coordinate your journey to discharge.

## Questions About Your Stay

We are committed to providing you with exceptional care. You can talk to any member of your care team whenever you have a question about your stay at Marianjoy or if any aspect of your care does not meet your expectations. The primary liaison between you and your family and the members of your care team is your case manager. If you or your family have any medical management questions that a team member cannot answer, please let your case manager know so they can arrange for your physician to speak with you.

In support of your right to privacy, please designate one person to communicate with your case manager and convey information to the other members of your family.

A Chaplain is always available upon request.

## Smoke-Free Campus

Marianjoy is a smoke-free campus. This policy is in effect for all patients, visitors, staff, and volunteers, and requires that all individuals refrain from smoking anywhere on the campus. This includes but is not limited to outside the hospital, in the parking garage, in vehicles driving onto the campus, and on the walking paths surrounding the hospital.

## Free Parking

There is free parking available in our three-story parking garage.

Visitors are strongly encouraged to utilize the parking structure and proceed to entrance #1.

## Visiting Hours

Frequently during your stay at Marianjoy, you will be out of your room and in therapy. This is an important message to convey to visitors who may be expecting to find you in your room throughout the day. Your schedule may take you to the therapy gym, the activities for daily living (ADL) apartment, and depending on your condition, possibly outside to enjoy the beautiful wooded campus and therapeutic gardens.

Marianjoy visiting hours are 9:00 a.m. to 8:00 p.m. If a visitor or family member needs to visit before or after these hours, please notify your nurse. Your immediate family members are welcome to attend your therapy sessions between 8:00 a.m. and 4:00 p.m. Other visitors can spend time with you between 11:30 a.m. and 1:00 p.m. or after 4:00 p.m. Please note, visitors under the age of 12 must be supervised by an adult at all times.

Please inform the admission representative if you would prefer not to accept visitors or phone calls.

## Receiving Cards and Flowers

Our volunteers are happy to deliver flowers, plants and cards to our patients. In order to ensure accuracy of delivery, items should be addressed in the following manner:

Patient Name  
c/o Marianjoy Rehabilitation Hospital  
26W171 Roosevelt Road  
Wheaton, IL 60187

## WHAT TO BRING WITH YOU

**We ask that you have the following items available upon admission:**

- Your insurance card(s)
- Insurance form(s) required for billing
- Medical records from the hospital
- One form of identification such as driver's license or state I.D. card
- Names and phone numbers of two emergency contacts
- Names and phone numbers of your family or primary care physician and your specialist physician
- Living Will, Advance Directives or Power of Attorney information
- Any adaptive equipment you are currently using (wheelchair cushion, braces, etc.)
- Supportive shoes and comfortable clothing, including a light jacket or sweater, for at least one week. Clothing should be washable and appropriate for wear during exercise. Laundry facilities on the second floor are available for patients and families.

*Please clearly mark your name on all of your personal items. Do not keep money, credit cards or valuables in your room.*

