The importance of addressing the psychological aspects of chronic pain management as well.

The interdisciplinary approach to pain management allows for the trial of novel therapeutic options after conventional methods of therapy, medications and interventional modalities have been exhausted. A comprehensive pain management program to learn strategies to better manage his pain and improve his overall function.

Case Description:

Case Diagnosis:

Nerve damage from a spinal cord injury (SCI) or musculoskeletal injury results in chronic pain.

Management of chronic neuropathic pain secondary to thoracic cavernoma hemorrhage is particularly successful in accomplishing this in patients with refractory pain.

The institution's 21-day comprehensive pain management program is an outpatient program designed to help patients begin to live with their pain.

Injury 1

Injury 2

Residual Lower Extremity Pain and Sensory Deficits in a Patient with a Thoracic Cavernoma Status Post Hemorrhage, Approach to Pain Management and Rehabilitation: A Case Report

Physical assessments are measured, in addition to the following:

- Initial 6 minute walk test
- Fast walking for 10 meters
- Handgrip strength
- Sit to stand repetitions
- Lifting meters

Assessments are also done at discharge and follow-up.

The MPFAT outcomes are based upon a patient's self-report of pain, sleep, behavior, mood, physical functioning, and participation in daily activities.

The Modified University of Alabama-Birmingham Pain Behavior Scale.

The MPFAT outcomes are based upon a patient's self-report of pain, sleep, behavior, mood, physical functioning, and participation in daily activities.

Results

Results include the changes in the patient's pain, sleep, mood, behavior, and participation in daily activities.

Discussion

Discussion includes the patient's progress and any changes in their pain management plan.

References

References include the sources of information used in the case report.

Figure 1. Pain in spinal cord

Figure 2. Marianjoy 21-day comprehensive pain management program

Figure 3. MPFAT Excerpt