Marianjoy Rehabilitation Hospital

Marianjoy Rehabilitation Hospital Patient Handbook and Reference Guide

PRE-ADMISSION Evaluation by pain rehabilitation physician and psychologist

Receive your personalized Patient Education Notebook.

Assessments Initial Marianjoy Pain Functional Assessment Tool and questionnaires.

Evaluation and Goal Setting Meet your pain rehabilitation physician, psychologist and physical therapist to set your goals for discharge. Write goals for program.

Physician Rounds Pain rehabilitation physician will conduct rounds each week.

Education Concepts of acute/chronic pain, sleep, posture, body mechanics, pain management tools and individualized exercise plan.

ONGOING PSYCHOLOGY AND PHYSICAL THERAPY

ONOOOING PSYCHOLOGY AND PHYSICAL THERAPY

Review Home Management plan Review your home exercise program and equipment needs.

Long Weekend To Practice What You Have Learned

Family Education Visits Your rehabilitation physician, nurse, psychologist, therapists and case manager meet to discuss your progress and plans for discharge.

Three Staffings Problem-solving for real life.

Flare-up Drills Concept of pain management tools and individualized exercise plan.

ONOOOONGOING PSYCHOLOGY AND PHYSICAL THERAPY

Progress Updates Final status questionnaires, final functional testing.

DISCHARGE FROM PROGRAM

WE'RE ALWAYS HERE TO ASSIST YOU. Call us at 630.909.6500 if you need additional help or if you have any questions.

YOUR JOURNEY CONTINUES Marianjoy Your Partner for a Lifetime of Healing

FOLLOW-UP As determined by team.

Specialty Services Physician Clinics Support Groups Therapy Scheduling

Goal 1: ____________________________________________

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Goal 2: ____________________________________________

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Goal 3: ____________________________________________

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Journey to Discharge™

Pain Program

Rehabilitation Physician: ___________________________
Nurse: __________________________________________
Physical Therapist: ______________________________
Psychologist: _____________________________________
Biofeedback: ______________________________________
Other: ___________________________________________

Therapy Scheduling: 630.909.6570
Nurse: 630.909.6510
Physician Scheduling: 630.909.6500

Marianjoy programs at Oakbrook Terrace

The Marianjoy Comprehensive Pain Management Programs are designed for adults who have pain that has persisted beyond the expected duration. Through a multidisciplinary approach, individuals will learn to maximize their function and cope with pain while leading productive and satisfying lives. These 21-day outpatient programs are designed to increase daily function, improve quality of life, and teach life-long pain management skills.

Marianjoy Rehabilitation Hospital

part of Northwestern Medicine

Marianjoy at Oakbrook Terrace Outpatient
17W682 Butterfield Road
Oakbrook Terrace, Illinois 60181
630.909.6500
marianjoy.org

When it comes to your outpatient physical rehabilitation, insist on Marianjoy

As a leader in the field of rehabilitation, Marianjoy offers an outpatient therapy program designed with your specific needs in mind.

From the simple to the most complex cases, Marianjoy provides:

- One-on-one individualized therapy sessions
- Licensed physical, occupational and speech-language therapists who are nationally recognized for leadership in their respective fields
- Specialized treatment programs to address sports injuries, pain management, orthopaedics and joint replacement
- Comprehensive therapy programs for stroke, brain injury, spinal cord injury, neuromuscular disorders and pediatric rehabilitation
- Access to board-certified Marianjoy physicians—specialists in physical medicine and rehabilitation—who can provide you with ongoing medical care and treatment

To schedule an appointment for Marianjoy’s Outpatient Services, please call 630.909.6500 (Oakbrook Terrace) or 630.909.7150 (Wheaton), or visit marianjoy.org.