

# How Aging Affects Your Balance: A Community Presentation

Your risk of falling rises as you age. But falling is not part of the normal aging process. You can change some of your risk factors.

This program is for people who are concerned about their risk of falling.

The event will include a 1-hour presentation on how aging impacts balance and your risk of falling. Then, a Northwestern Medicine Marianjoy Rehabilitation Hospital physical therapist can give you a brief fall risk screening.

## Event details

- You do not have to pay to attend.
- Space is limited. Register by August 29 at 630.933.4234 (TTY: 711).
- The event will be held at Marianjoy Rehabilitation Hospital.

## Contact for questions

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To learn more about Marianjoy Rehabilitation Hospital, visit [nm.org/marianjoy](http://nm.org/marianjoy).

## Registration information

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**Thursday, September 1**  
9 am – noon

**Marianjoy Conference  
and Education Center**  
26W171 Roosevelt Road  
Wheaton

Registration is required,  
and space is limited. To  
register, call  
630.933.4234 (TTY: 711).